# Nadasa Half day Basic Sexual Violence training

The aim of this half day session is to give participants an understanding and greater awareness of:

* the legal definitions around rape, sexual assault and consent;
* the reasons why victims don’t report;
* the common attitudes and myths;
* the effects of sexual violence;
* the support that they need;
* how they can access help – services that can help.

# Nadasa Half day Advance Sexual Violence training

This half day session will allow participant to build on knowledge gained from the basic sexual violence training, by the end of the day participants will have:

* Explored the feelings associated with childhood experiences of abuse and oppression and related them to issues of disclosure
* Explored a model linking experiences of violence and abuse with mental distress – the social / trauma model.
* Been introduced to evidence of the role of trauma (including sexual violence) In psychiatric difficulties
* Identified common patterns of distress
* Perpetrators and their motivation
* The 5 F’s
* Support Services